

### Abstract

Compositions having therapeutic value derived from plant material from one or more of *Glinus lotoides*, *Ruta chalepensis*, *Hagenia abyssinica*, and or *Millettia ferruginea* are provided. The compositions are useful in treating and preventing cancer and other diseases. Methods of preparing such compositions and methods for treating patients by administering the compositions, either alone or with a pharmaceutical carrier or excipient, are provided.